

NOTICE TO TRAVELERS REGARDING ADVICE FROM THE US CENTERS FOR DISEASE CONTROL AND PREVENTION (CDC) ON COVID-19 AND CRUISE SHIP TRAVEL

The CDC regularly issues travel advisories concerning risks associated with COVID-19. The CDC cautions that any travel poses a higher risk of contracting COVID-19, including travel by air, bus or train, automobiles, and cruises. The CDC currently advises that travel to some 189 countries presents a very high risk in addition to cruises. For most travelers, cruise ship travel is voluntary and should be rescheduled for a future date. If you do go on a cruise during the COVID-19 pandemic:

- Do not board a cruise if you are sick, if you know you have COVID-19, or if you were exposed to a person with COVID-19 in the past 14 days.
- Cruise ship travelers are at increased risk of person-to-person spread of infectious diseases, including COVID-19.
- Discuss cruise ship travel with your healthcare provider. Older adults and people of any age with underlying medical conditions are at increased risk of severe illness if infected with the virus that causes COVID-19.
- Stay at least 6 feet/2 meters (about 2 arms' length) from anyone who is not traveling with you. It's important to do this everywhere—both indoors and outdoors.
- Wear a mask to keep your nose and mouth covered when you are in shared spaces, including when using public transportation.
- Wash your hands often or use hand sanitizer (with at least 60% alcohol).
- Avoid contact with anyone who is sick.
- Avoid touching your eyes, nose, and mouth.
- Do not travel if you are sick.
- If you get sick with symptoms of COVID-19, stay in your stateroom and notify the onboard medical center immediately.
- If a threshold of COVID-19 is detected on board the ship, the voyage will be ended immediately, and the ship will return to the port of embarkation. Your subsequent travel home may be restricted or delayed.

Those who decide to travel are advised to take the following precautions to protect others for 14 days after their return from a cruise ship voyage:

- Get tested 3–5 days after your trip and stay home for 7 days after travel.
- Even if you test negative, stay home for the full 7 days.
- If your test is positive, isolate yourself to protect others from getting infected.
- If you don't get tested, it's safest to stay home for 14 days after travel.
- Avoid being around people who are at increased risk for severe illness for 14 days, whether you get tested or not.
- Always follow state and local recommendations or requirements related to travel.

The above warnings and recommendations are subject to change without notice. For updated information refer to the [CDC's website](#) near the time of your cruise.